

Pneumonia Evaluation

Patient Name

Patient DOB

Date	Chief complaint/Reason for consult	Referring MD
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Start time		
Stop time		

Medications	History of Present Illness <input type="checkbox"/> Patient is Nonverbal. History obtained from <input type="checkbox"/> Family <input type="checkbox"/> Medical records	
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Medications reviewed
 Medications reconciled with Nursing Home or Hospital discharge Information ★46
Changes as follows

Allergies
 Allergy List reviewed
 No drug allergies
 No food allergies

www.e-medtools.com

History of

<input type="checkbox"/> Pleuritic chest pain present <input type="checkbox"/> New or increased cough or dyspnea <input type="checkbox"/> New or increased peripheral edema <input type="checkbox"/> Orthopnea or paroxysmal nocturnal dyspnea <input type="checkbox"/> Recent hematemesis or nose bleeds <input type="checkbox"/> Recent fever, chills or nightsweats <input type="checkbox"/> Taken antibiotics in past 6 months * <input type="checkbox"/> Patient is a nursing home resident * <input type="checkbox"/> Patient has been hospitalized in post 14 days*	<input type="checkbox"/> Recent mechanical ventilation * <input type="checkbox"/> Recent severe emesis or esophageal dilatation <input type="checkbox"/> MI or cardiothoracic surgery in prior month <input type="checkbox"/> COPD, CHF, DM, renal dysfunction, sickle cell <input type="checkbox"/> Malignancy or immunocompromised state * <input type="checkbox"/> Neuromuscular weakness, scleroderma <input type="checkbox"/> Being primarily bedridden <input type="checkbox"/> Alcohol, narcotic or benzodiazepine use <input type="checkbox"/> Recent exposure to children in daycare * <input type="checkbox"/> Recent travel (consider SARS, Avian Influenza, endemic fungus, TB, etc.)
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*(Consider atypical sources, S. pneumo, S. aureus, P. aeruginosa or drug resistant organisms)

Social History

Never Smoker
 Tobacco ____ # Packs X ____ # Yrs
 Quit
 Patient is unwilling to quit
 Patient willing to consider quitting
 Patient quit, but resumed smoking
 Patient willing to quit within 1 month

Patient has tried
 Nicotine replacement
 Bupropion or nortriptyline
 Nicotine receptor blockade

Daily, occasional and ex-smokers are more likely to be hazardous drinkers
 Alcohol use
 Drinks per day week

Hazardous drinking
 NIAAA (National Institute on Alcoholism and Alcohol Abuse guidelines)
 Men > 14 drinks per week OR > 4 drinks per day
 Women > 7 drinks per week OR > 3 drinks per day

Recreational drug use
 Inhalational Injectable Ingestible
 Drug dependence
 Narcotics Benzodiazepines

Review of Systems

See HPI WNL

<input type="checkbox"/> Constitutional	Fatigue, malaise, fever/chills, weight loss, change in appetite
<input type="checkbox"/> Eyes	Vision changes, New pain, Scotomas
<input type="checkbox"/> ENT/mouth	Nose bleeds, dental caries, dental abscesses, jaw pain
<input type="checkbox"/> Resp	Dyspnea, Cough, Phlegm, Hemoptysis, Wheeze, Witnessed Apnea
<input type="checkbox"/> CV	Chest pain, diaphoresis, ankle edema, PND, syncope
<input type="checkbox"/> GI	Emesis, dysphagia, GERD, abdominal pain, diarrhea, melena
<input type="checkbox"/> GU	Change in urinary habits, hematuria, dysuria
<input type="checkbox"/> Musc	Myalgias, recent trauma, bony fractures, arthralgias, joint swelling
<input type="checkbox"/> Skin/breasts	Rashes, new masses or skin lesions, increased sensitivity to sun
<input type="checkbox"/> Neuro	Seizures, episodic or chronic muscle weakness
<input type="checkbox"/> Endo	Hair loss, polydipsia
<input type="checkbox"/> Heme/lymph	Bleeding gums, unusual bruising, swollen lymph nodes
<input type="checkbox"/> Allergy/immun	Sinus probs, recurrent infections
<input type="checkbox"/> Psych	Mood changes, agitation, psychosis, delirium, dementia

Vaccines Flu Pneumo BCG Tetanus Pertussis Varicella

Occupational and Exposure History

Inorganic dusts i.e., quarries, sandblasting, cement, stone carving, welding, plumbing, shipyard work, firefighter
 Organic dusts i.e., farming, building inspection, woodworking, remodeling, handling vegetable matter or animals
 Noxious fumes i.e., spray painting, autobody work, working with dyes or glues, manufacturing plastic
 Hot tub or Jacuzzi
 High Pressure washings
 Pets or feathers
 Chemicals or fires

Family Medical History

Asthma
 Congestive Heart Failure
 COPD
 Coronary Artery Disease
 Premature Onset
 Cystic Fibrosis
 Malignancy
 Peripheral Artery Disease
 Renal Dysfunction
 Rheumatoid Arthritis
 Sjogren
 Thyroid Disease

Past Medical and Surgical History

<input type="checkbox"/> Asthma <input type="checkbox"/> Bronchiectasis <input type="checkbox"/> COPD <input type="checkbox"/> COP (BOOP) <input type="checkbox"/> Cystic Fibrosis <input type="checkbox"/> Histiocytosis <input type="checkbox"/> Tuberculosis <input type="checkbox"/> PAH <input type="checkbox"/> Sarcoidosis <input type="checkbox"/> Tuberculosis <input type="checkbox"/> Wegener's <input type="checkbox"/> Obstructive Sleep Apnea	<input type="checkbox"/> Cerebral Artery Disease <input type="checkbox"/> Congestive Heart Failure <input type="checkbox"/> Coronary Artery Disease <input type="checkbox"/> Diabetes <input type="checkbox"/> GERD <input type="checkbox"/> Hepatic Dysfunction <input type="checkbox"/> HIV/AIDS <input type="checkbox"/> Hypertension <input type="checkbox"/> Inflamm bowel disease <input type="checkbox"/> Malignancy <input type="checkbox"/> CPAP	<input type="checkbox"/> Neuromuscular weakness <input type="checkbox"/> Occupational exposures <input type="checkbox"/> Pancreatitis <input type="checkbox"/> Peripheral Artery Disease <input type="checkbox"/> Scleroderma <input type="checkbox"/> Seizure Disorder <input type="checkbox"/> Sjogren <input type="checkbox"/> Renal Dysfunction <input type="checkbox"/> Rheumatoid arthritis <input type="checkbox"/> Thrombotic Disease <input type="checkbox"/> Thyroid Disease <input type="checkbox"/> BiPAP	Surgeries <input type="checkbox"/> Chemotherapy <input type="checkbox"/> Colonoscopy <input type="checkbox"/> ECHO/Stress Test <input type="checkbox"/> Mammogram <input type="checkbox"/> PFTs <input type="checkbox"/> PapSmear <input type="checkbox"/> Prior Intubations <input type="checkbox"/> Radiation exposure <input type="checkbox"/> Sleep Study <input type="checkbox"/> Steroid use
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Pneumonia Evaluation

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Prior Diagnostic Data	

Exam									
Ventilator Settings	Mode	Rate	Tidal Vol	PEEP	PS	FIO2	PO2/FIO2	Plateau Pressure	
NonInvasive Ventilator (CPAP, BiPAP) Settings									
General	<input type="checkbox"/> Alert	Vitals	T	P	R	BP	Sats	%	
ENT	<input type="checkbox"/> Nasal mucosa	<input type="checkbox"/> Dentition	<input type="checkbox"/> Oropharynx	Mallampati	<input type="checkbox"/> I	<input type="checkbox"/> II	<input type="checkbox"/> III	<input type="checkbox"/> IV	
Neck	<input type="checkbox"/> Normal to palpation	<input type="checkbox"/> Thyroid	<input type="checkbox"/> No JVD						
Resp	<input type="checkbox"/> Clear to auscultation	<input type="checkbox"/> Dullness to percussion	<input type="checkbox"/> No respiratory distress						
	<input type="checkbox"/> No chest wall defects	<input type="checkbox"/> Decreased fremitus	<input type="checkbox"/> Bronchial breath sounds						
	<input type="checkbox"/> Absence of intercostal respiratory retractions	<input type="checkbox"/> Egophony (E to A change)							
CV	<input type="checkbox"/> Clear S1 S2	<input type="checkbox"/> No murmur	<input type="checkbox"/> No gallop	<input type="checkbox"/> No rub	<input type="checkbox"/> Peripheral pulses	<input type="checkbox"/> No peripheral edema			
GI	<input type="checkbox"/> No palpable masses	<input type="checkbox"/> Liver and spleen not palpable	<input type="checkbox"/> No hepatjugular reflux						
Lymph	<input type="checkbox"/> No lymphadenopathy								
Musc	<input type="checkbox"/> Tone	<input type="checkbox"/> Gait							
Extrem	<input type="checkbox"/> No clubbing	<input type="checkbox"/> No cyanosis							
Skin	<input type="checkbox"/> No rashes, ecchymoses, nodules, ulcers								
Neuro	<input type="checkbox"/> Oriented	★58 (Pts with Community Acquired Bacterial Pneumonia)			<input type="checkbox"/> Affect				
Glasgow Coma Score E ___ V ___ M ___ APACHE II Score ___									

AHRQ Pneumonia Severity Index		
Age		
Male	Age (in years)	
Female	Age (in years) - 10	
NH resident	Age (in years) +10	
Comorbid illnesses		
Neoplastic disease	+30	
Liver disease	+20	
CHF	+10	
Cerebrovascular disease	+10	
Renal disease	+10	
Physical exam findings		
Altered mental status	+20	
Respiratory rate >= 30	+20	
Systolic BP < 90	+20	
Temp < 35 degrees or > 40	+15	
Pulse > 124	+10	
Lab Findings		
pH <7.35	+35	
BUN >10.7 mmol/L	+20	
Sodium <130 mEq/L	+20	
Glucose > 13.9 mmol/L	+10	
Hematocrit <30 percent	+10	
pO2 <60 mmHg	+10	
Pleural effusion	+10	
Risk	Risk Class	Based on
Low	I	Algorithm
Low	II	< 71 points
Low	III	71-90 points
Moderate	IV	91-130 points
High	V	>130 points

Labs/Tests	Impression and Plan
<input type="checkbox"/> Patient has completed advanced health care directives★47 HCPOA is	
Code Status <input type="checkbox"/> Patient is a FULL CODE <input type="checkbox"/> DO NOT ATTEMPT RESUSCITATION	
<input type="checkbox"/> CBC	
<input type="checkbox"/> CMP	
<input type="checkbox"/> ABG	
<input type="checkbox"/> Blood cultures - 2 sets	
<input type="checkbox"/> BNP	
<input type="checkbox"/> Cardiac enzymes	
<input type="checkbox"/> HIV	
Urinary antigen for	
<input type="checkbox"/> Pneumococcus	
<input type="checkbox"/> Legionella	
<input type="checkbox"/> Histoplasma	
<input type="checkbox"/> Strep pneumonia	
Nasopharyngeal wash for	
<input type="checkbox"/> RSV, Influenza A & B, Parainfluenza	
Sputum cultures	
<input type="checkbox"/> Gram stain and bacterial culture	
<input type="checkbox"/> Pneumocystis	
<input type="checkbox"/> Chlamydia	
<input type="checkbox"/> Legionella	
<input type="checkbox"/> Tularemia	
<input type="checkbox"/> Anthrax	
<input type="checkbox"/> Mycoplasma	
<input type="checkbox"/> Coxiella	
<input type="checkbox"/> Nocardia	
<input type="checkbox"/> Rhodococcus	
<input type="checkbox"/> Fungal stain and culture	
<input type="checkbox"/> AFB stain and culture	
Viral culture <input type="checkbox"/> Varicella zoster <input type="checkbox"/> HSV	
<input type="checkbox"/> CXR (PA, lateral, lateral decubitus)	Signature
<input type="checkbox"/> CT of chest	cc
Data Reviewed: <input type="checkbox"/> ER Notes <input type="checkbox"/> Chart <input type="checkbox"/> Nursing Notes/Vitals log <input type="checkbox"/> Labs <input type="checkbox"/> Radiology data <input type="checkbox"/> ECHO <input type="checkbox"/> ECG <input type="checkbox"/> Stress Test <input type="checkbox"/> PFT	
Care Coordinated with: <input type="checkbox"/> HCPOA <input type="checkbox"/> PCP <input type="checkbox"/> Case Mgmt or SW <input type="checkbox"/> Pharmacy <input type="checkbox"/> Nursing	

Definitions

Sepsis
Positive blood culture AND
Heart rate \geq 90
Temp \leq 36 C or \geq 38 C
Resp rate \geq 20 OR
PCO2 \leq 32 on ABG
WBC \leq 4000 OR
 \geq 12000 OR
 \geq 10% Bands

Without a positive blood culture, the above findings are consistent with Systemic Inflammatory Response Syndrome (SIRS)

Severe Sepsis

The patient must meet the above criteria AND have hypotension, hypoperfusion or organ dysfunction.
Hypotension is defined as
SBP < 90
MAP \leq 70 mmHg
OR drop of \geq 40 mmHg

Septic Shock

The patient must meet the above criteria AND have refractory shock (hypotension not responsive to fluid resuscitation).
Systolic BP \leq 90, or MAP \leq 70

Acute Lung Injury

Bilateral infiltrates on radiograph
PO2/FiO2 201-300 regardless of PEEP
No evidence of elevated left atrial pressure OR PCWP < 18 mmHg

Acute Respiratory Distress Syndrome (ARDS)

PO2/FiO2 \leq 200

Sepsis Treatment Goals

Institute for Healthcare Improvement (www.ihl.org)

- Blood cultures before administration of broad spectrum antibiotics
- Broad spectrum antibiotics given in \leq 1 hr (ICU admit)
In \leq 3 hr (ED admit)
- CVP of 8-12mmHg in \leq 6 hours
- ScvO2 \geq 70% OR SvO2 \geq 65% in \leq 6 hours
- Low dose steroids, if applicable
- Drotrecogin Alfa administrations in \leq 24 hours, if applicable
- Glycemic control with median blood glucose of < 150 within 24 hours
- Inspiratory plateau pressure of < 30cm H2O With a tidal volume of 6 ml/kg (based on Ideal Body Weight)

Ventilator Strategies (www.ihl.org)

- Head of bed elevated by \geq 30 degrees
- Daily sedation vacation AND assessment of ability to wean from ventilator
- Stress ulcer prophylaxis
- Deep Venous Thrombosis prophylaxis

Oxygen Coverage

PO2 \leq 55 OR Sats \leq 90%
PO2 56-59 OR Sats 89%
WITH
CHF
Cor pulmonale
P wave \geq 2mm
lead II, III or AVF
Hct \geq 56%
Sats \leq 88% for \geq 5 minutes during sleep

NOT COVERED
PO2 \geq 59 OR Sats \geq 89%

APACHE II Score - To be obtained within first 24 hours of ICU Admission

APACHE II: a severity of disease classification system Crit Care Med 1985 13(10):818-29
An evaluation of outcome from intensive care in major medical centers Ann Intern Med 1986 104(3):410
Prediction of outcome from intensive care: a prospective cohort study comparing Acute Physiology and Chronic Health Evaluation II and III prognostic systems in a United Kingdom intensive care unit Crit Care Med 1997 25(1):9-15

Physiologic Variable	0	1	2	3	4
Temperature	96.8-101.2	101.3-102.1 93.2-96.7	89.6-93.1	102.2-105.7	>105.7
Heart Rate	70-109	n/a	110-139 55-69	140-179 40-54	>161 < 50
MAP (2 x DBP + SBP)/3	70-109	n/a	110-129 50-69	130-159	>181 <40
Resp Rate	12-24	25-34 10-11	6-9	35-49	>49 < 6
Oxygenation					
If FiO2 > 49%, A-a	< 200		200-349	350-499	>500
If FiO2 < 50%, PO2	>70	61-70		55-60	<54
Serum Na+	130-139	150-154	155-159 120-129	160-179 111-119	>179 < 111
Serum K+	3.5-5.4	5.5-5.9 3.0-3.4	2.5-2.9	6.0-6.9	>7.1 < 2.5
Serum Creatinine (Double if in ARF)	0.6-1.4	n/a	1.5-1.9 <0.6	2.0-3.4	>3.4
Arterial pH	7.33-7.49	7.50-7.59	7.25-7.32	7.60-7.69 7.15-7.24	>7.69 <7.15
WBC	3.0-14.9	15-19.9	20-39.9 1.0-2.9	n/a	>39 <1.0
Hematocrit	30-45.9	46-49.9	50-59.9 20-29.9	n/a	>59 <20
GCS Score = 15 - GCS Score (Eye + Motor + Verbal)					
Physiology Score					

Total APACHE II Score = Acute Physiology Score + Chronic Health Points + Age Points

Chronic Health Points for APACHE II
Non-operative, or emergency post-op & any conditions below 5 CHP Score _____
Elective operation & any conditions below 2

Cirrhosis with portal hypertension OR encephalopathy; class IV angina; chronic hypoxia; hypercarbia or polycythemia; chronic dialysis; immunocompromised

Age Points for APACHE II
<45 = 0
45-54 = 2
55-64 = 3
65-74 = 5
>74 = 6 Age Score _____

Total APACHE II Score _____

Stages of chronic kidney disease

Stage	GFR (mL/min/1.73m ²)	Action
1	>89	Diagnosis and treatment. Treat comorbid conditions. Slow progression.
2	60-89	Estimate progression
3	38-59	Evaluate and treat complications
4	15-29	Prepare for kidney replacement therapy
5	<15	Replacement (if uremia is present)

The National Kidney Foundation recommends estimating GFR by use of the Cockcroft-Gault or MDRD equations

General Acid-Base Rules

	Acidosis	Alkalosis
Acute Resp	Δ pH = -0.008 x Δ PCO2 Δ HCO3 = 0.1 x Δ PCO2 (+/-3)	Δ pH = 0.008 x Δ PCO2 Δ HCO3 = -0.2 x Δ PCO2 (usually not to less than 18 mEq/L)
Chronic Resp	PCO2 = 2.4(HCO3) - 22 Δ HCO3 = 0.35 x Δ PCO2 (+/-4)	Δ HCO3 = -0.4 x Δ PCO2 (usually not to less than 18 mEq/L)
Metabolic	PCO2 = 1.5(HCO3) + 8 +/-2 PCO2 ~ last 2 digits pH Δ PCO2 = 1.2 x Δ HCO3	PCO2 = 0.9(HCO3) + 9 +/-2 Δ PCO2 = 0.6 x Δ HCO3

Physiologic Score

Temp _____

HR _____

MAP _____

RR _____

Oxygenation _____

Serum Na _____

Serum K _____

Serum Creatinine _____

Art pH _____

WBC _____

Hct _____

GCS _____

15 - GCS Score (Eye + Motor + Verbal)

Physiology Score _____

Glasgow Coma Score _____

Eye response _____

- 1 - None
- 2 - Eyes open to pain
- 3 - Opens to verbal command
- 4 - Open spontaneously

Verbal response _____

- 1 - None
- 2 - Incomprehensible sounds
- 3 - Inappropriate words
- 4 - Confused
- 5 - Oriented

Motor Response _____

- 1 - None
- 2 - Extension to pain
- 3 - Flexion to pain
- 4 - Withdrawal from pain
- 5 - Localizes pain
- 6 - Obeys commands

Total Score < 9 indicates severe brain injury
LANCET (ii) 81-83, 1974.

Predicted Mortality Based on APACHE II Score

Score	Interpretation
0-4	~4% death rate
5-9	~8% death rate
10-14	~15% death rate
15-19	~25% death rate
20-24	~40% death rate
25-29	~55% death rate
30-34	~75% death rate
over 34	~85% death rate